

Developmental History Questionnaire*

The goal of the Developmental History Questionnaire and related scales you have been ask to have completed is to provide your clinician/treatment team with a comprehensive view of important aspects of your child's life, including significant patterns of problems and strengths. It is being used in concert with several other scales that have been selected to best provide us information about your child. Each section of this questionnaire provides important diagnostic information about a specific area of your child's development. Most questions only require you to check off an answer. Additional sections have been provided to allow you to include additional comments.

Please answer as many questions as you are able. The more completely you can respond to the questions in this questionnaire and other parts of the battery of scales, the clearer our understanding of your child's situation will be, and the better we will be able to meet his or her needs.

This form should take about 15 to 20 minutes to complete. (Please use black ink when responding to the questions.)

Please complete both sides of the questionnaire.

We realize that many of the items in this questionnaire involve personal and private information. Your input regarding your child's treatment is crucial; all questions address topics that are significant and relevant to this treatment. All information is kept strictly confidential, and will not be released to any outside agencies without your permission.

If you have any questions or concerns, please do not hesitate to ask your physician.

We look forward to working with you and your family.

* This form is an abridged version of one developed by University Behavioral HealthCare-UMDNJ

DEVELOPMENTAL HISTORY QUESTIONNAIRE*

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Child's Name: _____ Date of Birth: _____ Today's Date: _____

A. Background Information

1. Parent/Guardians:

Name *Address* *Home Phone*

Occupation *Employer* *Education* *Work Phone*

Name *Address* *Home Phone*

Occupation *Employer* *Education* *Work Phone*

2. Who currently lives in your child's home? Please include yourself:

Name *Date of Birth* *Relationship to Child*

3. List family members (siblings, parents) living **outside** of your child's home:

Name *Date of Birth* *Relationship to Child*

4. Who referred you to the RWJ Medical Group?

- a. Private mental health counselor c. Insurance Company e. Friend
b. Pediatrician d. School f. Other: _____

B. School Information

1. Child's current grade in school: _____

2. School and address: _____

3. Current teacher: _____ School phone number: _____

4. Academic problems? no yes

5. Behavioral problems? no yes
6. Is your child classified? no yes Classification/Diagnosis: _____
7. Child Study Team Case Manager: Name: _____ Phone: _____
8. Nature of School experience: Check if positive or negative
- | | Positive | Negative |
|--------------|----------|----------|
| Preschool | _____ | _____ |
| Kindergarten | _____ | _____ |
| Grammar | _____ | _____ |
| High School | _____ | _____ |

C. Presenting Problems

1. Why are you bringing your child to treatment at this time? What is your main concern?

2. What is the history of the problem? _____
3. What do you expect from treatment? _____
4. Please check **all current concerns** that you have for your child:

<p>a. <input type="checkbox"/> Relationship problems at home</p> <p>b. <input type="checkbox"/> Has no friends</p> <p>c. <input type="checkbox"/> Withdrawn/Unresponsive</p> <p>d. <input type="checkbox"/> School problems</p> <p>e. <input type="checkbox"/> "Weird" thoughts; believes he/she has unusual ability or power</p> <p>f. <input type="checkbox"/> Fears without reason that others are out to get him/her</p> <p>g. <input type="checkbox"/> Thinks about/talks about the same thing most of the time; excessively preoccupied</p> <p>h. <input type="checkbox"/> Confusion; doesn't know what is happening around him/her</p> <p>i. <input type="checkbox"/> Can't pay attention, gets sidetracked</p> <p>j. <input type="checkbox"/> Often depressed or sad</p> <p>k. <input type="checkbox"/> Loss of interest in things used to enjoy</p> <p>l. <input type="checkbox"/> Frightened, nervous, upset easily & often</p> <p>m. <input type="checkbox"/> Angry or irritable</p> <p>n. <input type="checkbox"/> Cries excessively</p> <p>o. <input type="checkbox"/> Victim of sexual abuse, current or past</p> <p>p. <input type="checkbox"/> Victim of physical abuse, current or past</p>	<p>q. <input type="checkbox"/> Bullies others</p> <p>r. <input type="checkbox"/> Doesn't listen; difficult</p> <p>s. <input type="checkbox"/> Does behaviors over and over and can't stop self</p> <p>t. <input type="checkbox"/> Over-active</p> <p>u. <input type="checkbox"/> Runaway behavior</p> <p>v. <input type="checkbox"/> Destruction of property</p> <p>w. <input type="checkbox"/> Firesetting</p> <p>x. <input type="checkbox"/> Sexual offenses (inappropriate touching of another person)</p> <p>y. <input type="checkbox"/> Cruelty to animals</p> <p>z. <input type="checkbox"/> Stealing</p> <p>aa. <input type="checkbox"/> Sleep difficulties</p> <p>bb. <input type="checkbox"/> Engages in self-injuring behavior (e.g. cutting self, binging/purging)</p> <p>cc. <input type="checkbox"/> Chronic lying</p> <p>dd. <input type="checkbox"/> Police involved</p> <p>ee. <input type="checkbox"/> Involved in gang or gang activity</p> <p>ff. <input type="checkbox"/> Expressed thoughts about killing self</p> <p>gg. <input type="checkbox"/> Made an attempt or gesture to seriously injure or kill self this past year</p>
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hh. ___ Plans to harm others or threatens others

kk. ___ You or others suspect that your child currently

ii. ___ Seriously injured someone

uses alcohol or drugs

jj. ___ Child has access to firearms

II. What substances do you suspect or know that your child has used:

a. ___ cigarettes

b. ___ alcohol

c. ___ marijuana

d. ___ cocaine

e. ___ heroin

f. ___ other: ___ uses alcohol or drugs _____

5. Recent Stressors in the family (please include dates where applicable):

a. ___ Drug abuse

l. ___ Legal Problems

b. ___ Alcohol abuse

m. ___ Couple/marital problems

c. ___ Money problems

n. ___ Separation

d. ___ Change of residence

o. ___ Divorce

e. ___ Change in caregiver's employment

p. ___ Remarriage

f. ___ Loss of job for parent or guardian

q. ___ Domestic violence

g. ___ New school, change in school

r. ___ Birth of family member

h. ___ The child has seen others get hurt, beat up

s. ___ Child recently hospitalized

i. ___ Physical illness in family member

t. ___ Friend died or tried to kill self

j. ___ Close family member in prison/jail

u. ___ Death of family member/significant other

k. ___ Homeless/no long-term home

v. ___ Other: _____

D. Prenatal and Neonatal History

1. When you were pregnant with this child, were you under the care of a physician? ___ yes ___ no

2. This child was pregnancy number ___ 1 ___ 2 ___ 3 ___ 4 ___ 5 ___ 6 ___ other

3. Length of pregnancy: ___ months

4. During the pregnancy, did you experience:

	<i>Yes</i>	<i>No</i>	<i>When</i>
a. Anemia	___	___	_____
b. High blood pressure	___	___	_____
c. Gestational diabetes	___	___	_____
d. Vaginal bleeding	___	___	_____
e. Toxemia	___	___	_____
f. Swollen ankles	___	___	_____

	<i>Yes</i>	<i>No</i>	<i>When</i>
g. Flu or virus	___	___	_____
h. German measles	___	___	_____
i. Accident or injury	___	___	_____
j. Emotional problems	___	___	_____
k. Risk of miscarriage	___	___	_____
l. Other	___	___	_____

5. Did you take medication during pregnancy? ___ no ___ yes

If yes, please give the name and when taken: _____

6. Was the child active in utero? ___ yes ___ no

7. Did you use drugs or drink alcohol during your pregnancy? ___ no ___ yes

If yes, please describe what type(s) and when: _____

8. Did you have a Cesarean section? ___ no ___ yes

9. Was your delivery unusual in any way? ___ no ___ yes

If yes, please describe: _____

10. Was your child healthy at birth? ___ yes ___ no

If no, please describe: _____

11. In the first few days after birth, did your baby experience any of the following?

- | | | |
|---------------------------|-----------------------------|---------------------------|
| a. ___ yellow jaundice | d. ___ incubator time | g. ___ infection |
| b. ___ blood transfusion | e. ___ convulsions | h. ___ receive medication |
| c. ___ breathing problems | f. ___ special nursing care | i. ___ other |

12. Did mother and baby leave the hospital together? ___ yes ___ no

13. How long after birth? mother _____ baby _____

E. Developmental History

1. During the first 12 months, was your child:

- | | | |
|--|-----------------------------------|-----------------|
| a. ___ Overactive, in constant motion? | c. ___ Difficult to feed? | e. ___ Colicky? |
| b. ___ Difficult to put on a schedule? | d. ___ Difficult to put to sleep? | |

2. What was your baby's activity level? ___ high ___ average ___ low

3.

4. At what approximate age did your child:

- | | |
|---|---|
| a. Sit without help _____ | h. Gain bowel control _____ |
| b. Crawl _____ | i. Stay dry (day) _____ |
| c. Walk alone _____ | j. Stay dry (night) _____ |
| d. Eat solid food _____ | k. Smile when played with _____ |
| e. Feed self _____ | l. Learn simple games (e.g. peek-a-boo) _____ |
| f. Say single words (e.g. mama, dada) _____ | m. Show shyness with strangers _____ |
| g. Talk in 2 word sentences _____ | |

F. History of General Behaviors and Personality Traits

Please check characteristics that describe your child in the past and/or present

- | | | |
|----------------------------|------------------------------|---|
| 1. ___ Shy or timid | 10. ___ Falling spells | 19. ___ Impulsive |
| 2. ___ Disliked attention | 11. ___ Daredevil behavior | 20. ___ Sleep Problems |
| 3. ___ Unfriendly | 12. ___ Unusual fears | 21. ___ Destroyed toys more than normal |
| 4. ___ Unaffectionate | 13. ___ Rocking | 22. ___ More interested in things than people |
| 5. ___ Stubborn | 14. ___ Clumsy | 23. ___ Poor gross motor coordination |
| 6. ___ Eating difficulties | 15. ___ Head banging | 24. ___ Poor fine motor coordination |
| 7. ___ Temper tantrums | 16. ___ Blank spells | |
| 8. ___ Right-handed | 17. ___ Distactible | |
| 9. ___ Left-handed | 18. ___ Short attention span | |

25. Intensity of expression of mood: ___ High ___ Moderate ___ Low

26. General mood: ___ Positive ___ Negative
 27. Response to new things: ___ Withdraw ___ Approach
 28. Time for adaptation to change: ___ Short ___ Moderate ___ Long

G. Medical History

Please check all that apply.

1. ___ Allergies, describe: _____
2. ___ Takes non-psychiatric medicine
 Medication 1: Type and dose: _____
 Prescribed by: _____
 Medication 2: Type and dose: _____
 Prescribed by: _____
 Medication 3: Type and dose: _____
 Prescribed by: _____
3. ___ Serious infectious disease
4. ___ Diabetes
5. ___ Thyroid problem
6. ___ Cardiovascular problems
7. ___ Seizure disorder
8. ___ Head injury
9. ___ Tic disorder
10. ___ Medical hospitalizations, specify dates and reasons: _____
11. ___ Complains of stomach aches
12. ___ Can't get to sleep
13. ___ Can't stay asleep, wakes up a lot
14. ___ Wets the bed at night or clothing during the day
15. ___ Soils his/her pants in bed or during the day
16. ___ Often complains of body pains or being sick
17. ___ Significant weight change, specify: _____
18. ___ Speech problems, specify: _____
19. ___ Hearing difficulty, specify: _____
20. ___ Frequent ear infections
21. ___ Vision problem, specify: _____
22. ___ Serious accident or injury, specify: _____
23. ___ Major surgery, specify date and type: _____
24. ___ Asthma-breathing attacks
25. ___ Dental problems
26. ___ Other, specify _____
27. Are you child's immunizations up to date? ___ yes ___ no
28. Name of child's physician: _____ Phone number : _____
29. Date of last doctor's physical examination and results: _____

30. Please initial and date if we have your permission to send a brief summary to your youngster's physician with our working diagnosis and proposed plan of treatment. Initials _____ Date signed _____

If your youngster is 16 years or older, we ask for their permission as well. Patient initials _____ Date signed _____

H. Past Psychiatric Illness and Treatment

1. Child received outpatient counseling
 - a. Diagnosis: _____
 - b. Dates of treatment: _____
 - c. Name, phone # of previous or current counselors: _____
2. Child was hospitalized in psychiatric setting
 - a. Diagnosis: _____
 - b. Dates of treatment: _____
 - c. Name, phone # of facility: _____
3. Child is receiving additional support services (CART, YAP, ICM, FCIU etc.)
4. Child was prescribed psychiatric medication
 - Medication 1: Name and dose: _____
Prescribed by: _____ Date _____
 - Medication 2: Name and dose: _____
Prescribed by: _____ Date _____
 - Medication 3: Name and dose: _____
Prescribed by: _____ Date _____
 - Medication 4: Name and dose: _____
Prescribed by: _____ Date _____
 - Medication 5: Name and dose: _____
Prescribed by: _____ Date _____

I. Family History

1. Mother: a. living b. deceased (cause of death, if known: _____) c. unknown
2. Father: a. living b. deceased (cause of death, if known: _____) c. unknown
3. Check below if any family members have experienced the following (indicate the relationship to the child, and include child's parents, brothers, sisters, aunts, uncles, cousins and grandparents):

Relatives

- a. Developmental disability _____
- b. Physical Disability _____
- c. Depression _____
- d. Anxiety _____
- e. Bipolar/Manic Depression _____
- f. Psychiatric Hospitalization _____
- g. Alcohol or drug addiction _____
- h. Learning problem _____
- i. Problem with Attention _____

- j. Physical/Sexual Abuse _____
- k. Suicide or Suicide attempts _____
- l. Other Mental illness _____

- 4. Is your child or family currently involved with DYFS? no yes
- 5. Is your child or family currently legally involved or on Probation? no yes
- 6. Is your child adopted? no yes
- 7. Is anyone else in the family adopted? no yes - whom? _____

8. Languages spoken at home: _____

9. Religious Affiliation:

- a. Catholic
- b. Protestant
- c. Jewish
- d. Muslim
- e. Other: _____

10. Religiously Committed: yes no

11. Has the child ever been in any out-of-home placement? yes no

Explain: _____

12. Are there guns in the home? yes no

J. Strengths

1. What are your child's strengths?

- | | | |
|---|--|---|
| a. <input type="checkbox"/> Manages emotions well | g. <input type="checkbox"/> Self-disciplined | m. <input type="checkbox"/> Does well in school |
| b. <input type="checkbox"/> Responsible | h. <input type="checkbox"/> Interpersonal skills | n. <input type="checkbox"/> Entertains self |
| c. <input type="checkbox"/> Cooperative | i. <input type="checkbox"/> Insightful | o. <input type="checkbox"/> Other: _____ |
| d. <input type="checkbox"/> Artistic/Creative | j. <input type="checkbox"/> Articulate | p. <input type="checkbox"/> Other: _____ |
| e. <input type="checkbox"/> Motivated | k. <input type="checkbox"/> Wants to please others | |
| f. <input type="checkbox"/> Intelligent | l. <input type="checkbox"/> Plays sports | |

K. Additional Comments

THANK YOU!

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